

*Tastee Vegan's*

## **Oil-free Buffet Menu**

Includes: Aluminum Chafing Trays and Wires, Sternos, Plastic utensils, Napkins, Serving utensils, Disposable tablecloth and Plates

### **Salad**

(Choose one)

- Baby Spinach Salad with Mustard Champagne Vinaigrette\*
- Mixed Green Salad with a Ginger Carrot Dressing\*
- Kale and Fennel Salad with a Citrus Dressing\*

### **Entrees**

(Choose three)

- Seasonal Vegetable Lasagna\*\*
- Baked Penne Primavera \*\*
- Spinach Stuffed Shells
- Three Bean Chili\*
- Black Bean Succotash\*
- Italian Chickpeas Stew\*
- Potato and Cauliflower Curry
- Orange Tofu\*\*
- Sesame Tofu\*\*
- Mushroom Seitan Bourguignon
- Seitan Piccata

### **Sides Vegetables**

(Choose three)

- Quinoa and Broccoli Pilaf\*
- Brown Rice Paella\*
- Sesame Broccoli\*
- Lemony Haricot Vert\*
- Paprika Roasted Root Vegetables\*
- Brussels Sprouts \* (seasonal)
- Kabocha Squash\* (seasonal)
- Garlic Mashed Potatoes

\*Gluten-free

\*\* Can be made gluten-free upon request

\$31.95 per person  
10 person (order) minimum



Delivery Only